

THE DIRECTION DE LA SANTÉ PUBLIQUE CAN HELP YOU ACHIEVE YOUR GOALS

LET'S WORK **TOGETHER** TO IMPROVE THE **QUALITY**
OF LIFE AND WELL-BEING **OF US ALL!**

Are you starting a project? Do you have an idea and are you wondering about the impact it will have on people's well-being, safety, and quality of life?

GET IN TOUCH WITH YOUR LOCAL CONTACT

(community organizer or health-promotion advisor) or write to us at projetsmuni.ciusse-chus@sss.gouv.qc.ca to discuss how we might be able to help.

WHILE RESPECTING EACH OTHER'S ROLES, WE CAN:

- Support citizen consultation, mobilization, and participation;
- Help facilitate meetings;
- Contribute to initiatives and projects;
- Evaluate or analyze projects, policies, and regulations and their impact on health and social inequalities;
- Refer to existing resources;
- Share knowledge, information, and promising practices or data;
- Produce recommendations, advice, tools, or reports;
- Produce, analyze, or interpret health-status portraits;
- Support efforts to seek project funding.

HERE ARE A FEW EXAMPLES OF DIRECTION DE LA SANTÉ PUBLIQUE COLLABORATION WITH MUNICIPAL PARTNERS:

REGIONAL PLANNING AND DEVELOPMENT



Redevelopment of a street or neighbourhood: assess impacts on population well-being and social inequalities at the planning stage.

Urban agriculture: collaborate in the development of initiatives.

Draft regulations: produce recommendations on draft regulations with an impact on health (noise, pollution, allergens, etc.).

CULTURE, RECREATION, COMMUNITY ACTIVITIES AND PARKS



Municipal policy: participate in municipal policy committees (sports, recreation, outdoor activities, family, cultural, or age-friendly community, etc.).

Vulnerable populations: support a working group on homelessness to prioritize actions.

Citizen participation: support citizen inclusion and participation in a public consultation process.

TRANSPORTATION



Active and safe transportation: participate in the working committee and actions.

Public transport: support an MRC working committee.

ENVIRONMENT, HEALTH, NUISANCES, AND SAFETY



Prevention and protection of the population: give lectures and develop and distribute tools (prevention of tick-borne diseases, extreme heat and cold, etc.).

Water quality: contribute to the drafting of preventive health messages (drinking water, water-based recreational activities).

Climate change: work together to fight climate change.

PORTRAIT OF YOUR POPULATION



Decision-making support: develop a portrait of the population (lifestyle habits, vulnerabilities to climate change, and other health determinants).

PUBLIC HEALTH IN ESTRIE

The Direction de la santé publique is one of 19 departments at CIUSSS de l'Estrie – CHUS. Actions with municipal partners take place in the various communities to maximize the physical, social, and mental health of the population. The Direction de la santé publique pays particular attention to vulnerabilities and social inequalities in health.

Governed by the Public Health Act, the actions of the Direction de la santé publique are aimed at:

PROTECTING

the population from health threats

PREVENTING

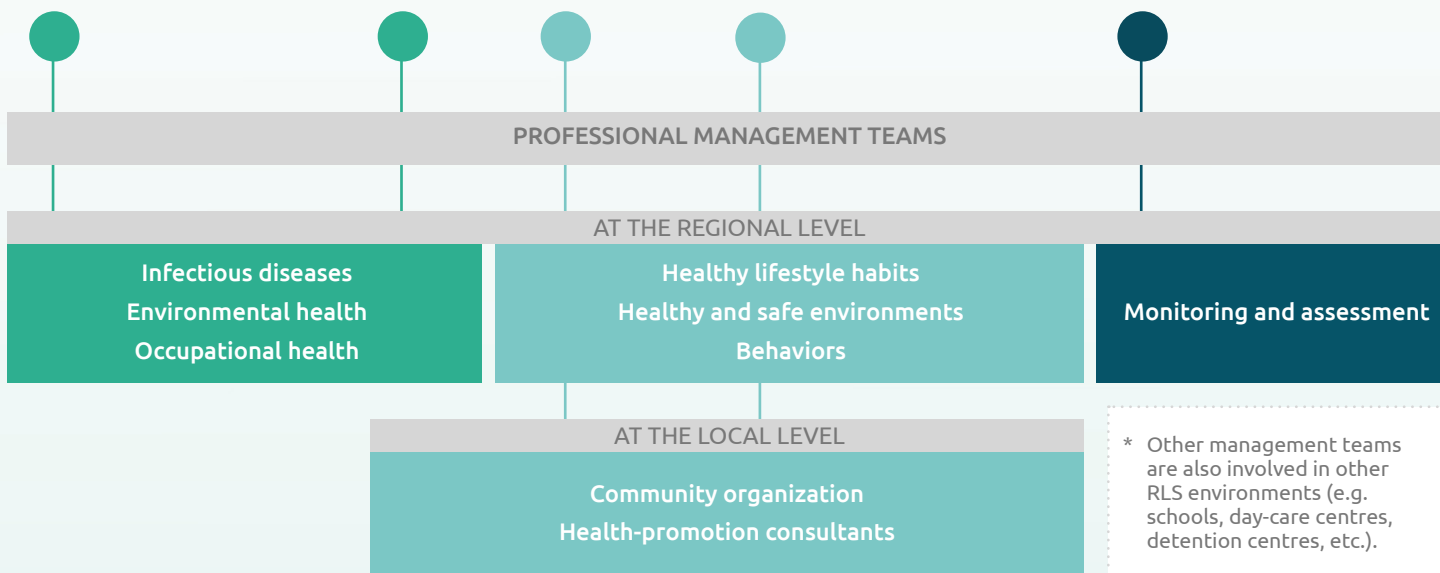
illness, injury, and psychological and social problems or alleviating their severity

PROMOTING

healthy lifestyle habits and supporting the development of environments and living conditions conducive to health

MONITORING

continuously monitor the health of communities in its territory



Together, we can help make your environments more inclusive, resilient, and sustainable while promoting health!

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